Eco Race 500

How often do you get to protect your planet, practice earth-friendly habits, and earn a 20-pack of Timbits, all in the same bonus assignment?

# Here’s how!

1. Pick a partner
2. Over the next seven days, do as many of the eco-activities on the following page as you can.
3. Record your points on the attached score sheet.
4. At the end of the week, add your points to your teammate’s points.
5. If your team reaches 500 eco-points by the end of the week, your team gets to share a 20-pack of Tim Bits (recycling the box afterwards, of course.)

Good luck!



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| --- | --- | --- |
| A) Keep your phone powered off for … | |  |
|  | …4 consecutive hours during the day | 5 points |
| …the entire school day | 15 points |
| …24 hours | 20 points |
| C) Power off your TV, home computers, modem, phone, and printer at night (not just on stand-by) | | 5 points per night |
| D) Recycle your pop can or juice box | | 1 point |
| E) Rescue a pop can, juice box, or water bottle from a garbage bin and move it to a blue bin  (wash your hands afterwards) | | 3 points |
| F) Catch someone tossing a recyclable container into the garbage and convince him/her to recycle it instead | | 10 points |
| G) Drink from a thermos filled at the water fountain instead of pop, packaged juice or bottled water | | 2 points |
| H) Bring a litterless lunch (i.e. only reusable containers, with nothing thrown out or recycled) | | 5 points per day |
| I) Print a document on GOOS (good on one side) paper (has to be something you would have printed anyway – no fair printing something just to get the points) | | 1 point per page |
| J) Bus, walk or bike somewhere that you normally get driven to | | 5 points per trip |
| K) Go 24 hours without video games | | 10 points |
| L) Go 24 hours without internet   (school assignments excepted) | | 15 points |
| M) Go 24 hours without TV (or watching shows online) | | 15 points |
| M) Convince your whole family to go 24 hours without TV (parent signature required) | | 30 points |
| O) Repair something at home that would normally get thrown out or replaced (attach photos) | | 50 points |
| P) Take dead batteries to a hard-ware store for recycling (maximum 1 trip) | | 10 points |

# Eco Race Log

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| **Day** | **Activity** | **Points** |
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| **TOTAL** | |  |